

# Mentor Newsletter

February 2021



## Note from the Co-Directors:

As leagues and schools dive into the planning of the long-awaited proposed 2020-21 sports seasons, collaborative work with colleagues is more important than ever. The WWE (WSSAAA Wednesday Extension) is a great resource to meet the needs of athletic directors across the state. The WWE provides a forum with a consistent flow of information for athletic directors and leagues.

### **WWE format:**

- Immediately following each regularly scheduled WIAA/WSSAAA Wednesday, the WSSAAA Mentor co-directors will host a WWE for approximately 1 hour.
- The WSSAAA Mentor staff will schedule and host WWE Follow Up from 8-9:30 am on the 'other' Wednesdays each month.

### **February's schedule will be:**

- February 3: WIAA/WSSAAA Wednesday starting at 8am
- February 10 : WWE - Follow Up 8:00 –9:30am
- February 17: WIAA/WSSAAA Wednesday starting at 8am
- February 24 : WWE - Follow Up 8:00 –9:30am

*Look for registration emails for each of these dates.*

## Document(s) of the Month:

*From Loren Sandhop, Athletic Director, Moses Lake HS*

Have you been approached by students or staff to start a new club or activity? Maybe it's eSports or something else? Here are two documents we use when considering starting a new activity or club and one regarding why the advisor should receive pay. They are in word doc's so you can edit and put your own information or adapt how you wish.

- A). [Request to Add Sport/Club Form](#)
- B). [Request to Pay Advisor Form](#)

## Middle School AD Focus:

*From [Pat Round](#), Athletic Director, Northwood Middle School*

### "Sample Coaches Tracking and Contact"

Here is another resource that can help all Athletic Directors. This one comes from Chuck Moffatt who has been the AD for the last 20 years at Lakeside Middle School in Nine Mile Falls. This form tracks coaching positions, completion dates for WIAA online clinics, overall year of experience, first-aid/CPR expiration, cell #, and email. It has all of the necessary yearly information for each coach all on one sheet .

### Sample MS Modified Seasons Schedules

Schedule #1 was developed in the Mead School District. There are three (3) middle schools in the district and they have been in the hybrid model since the start of the school year.

Schedule #2 is from a district with multiple middle schools that is hoping to move to a hybrid model for 2nd semester.

## Webinar /Video of the Month:

"Balance"

By Fearless Soul

## TIP(S) OF THE MONTH: (From Loren Sandhop)

Don't forget about yourself. Take time to eat well, sleep well, exercise and enjoy your family and friends. This can be hard to do in the winter months, but you won't be at your best for others if you don't feel well.

