

# Mentor Newsletter

April 2020



## Note from the Co-Directors:

As we navigate through these unprecedented times dealing with the impact of COVID-19, we realize our day-to-day operations have changed dramatically. The support of your peers is more important than ever during these times. As AD's, the fluidity of the moment challenges us to be leaders. WE will get through this.!

## WIAA Update: Jeff Pietz, Lakeside HS

The WIAA and WSSAAA have partnered to provide "WSSAAA Wednesdays" for all Athletic Administrators and Coaches. Starting April 1, 2020 on Wednesday mornings from 8-9am, these dynamic, informational presentations will be held via ZOOM online meetings.

Check out the most recent "2-minute Drill" from WIAA regarding this great opportunity : <https://vimeo.com/400812400>

## Document(s) of the Month: From Paul Manfred, Athletic Director, Gonzaga Preparatory School

Communication is essential during the first few days of each season. This [Google Sheet](#) is designed to be shared with all stakeholders who need access to information. Over the first few days of practice, coaches must communicate the following:

- Who's actually coming to practice?
- Is student eligible?
- How many practices has each student-athlete attended?
- Once tryouts are complete, what is the roster of each level (Var/JV/C/Fr)?
- Once rosters are complete, how to communicate program information (Jersey #, position, Ht, etc)?

This document can be used by coaches and shared to everyone who needs (ex. whoever is in charge of eligibility packets) to know an answer to the questions above. This is a copy of what I use, and have set it up for the start of the fall 2020 season. Feel free to copy it, and change it to however it can be useful to you. Then make a copy for each of your fall sports teams and be in the know!

## Webinar of the Month:

John Gordon is a sought after and Keynote Speaker and the International Bestselling Author of *The Power of Positive*, *The Energy Bus*, and *The "No Complaining" Rule*. He has created several online tools, including a number of podcasts on a wide variety of topics with successful sports figures. Please visit his website [Positive University](#) to access these materials, or click on the icon:



## TIP(S) OF THE MONTH:

**Tip #1:** From John Wooden

**Care: Let your players know you care for them more than just athletes (or coaches).**

Wooden considered that his love for young people is the main reason he stayed in coaching and refused more lucrative positions. He spoke of how he considered his players to be the very closest people to him, next to his own family. He had a keen interest in the problems in their lives, and had a genuine desire for each to succeed.

Our kids need to know that we care about them as more than just athletes during this time. In addition to workouts and at-home exercise plans, send a message of encouragement and let them know that you care.

**Tip #2:**

**Work Smarter, Not Harder**

Take advantage of this time to do things to make your job easier.

**"Ya gots to work with what you gots to work with"**